

# Hiking: High Falls Creek

High Falls Creek is a steep, box canyon that feeds into the Squamish Valley River. This under-the-radar hike is steep, with some almost scrambly sections that use chains to assist.

## How to get there:

Drive north from Squamish on Highway 99. Turn left opposite Alice Lake Provincial Park onto Squamish Valley Road. After about 4km turn left to stay on Squamish Valley Road. Soon you will pass a power station on your right and cross a small bridge. Shortly after this, you will see another small bridge over High Falls Creek. Park just before the bridge and walk across to see the trailhead sign to High Falls Creek immediately on the right.

## Route:

The trail begins in flat, vibrant, mossy forests before quickly heading straight up to follow the climber's left side of the canyon. Slowly work your way over rocks and bluffs to well above High Creek Falls. The trail is sporadically well marked with orange flagging but some spots require route finding, especially during the high growth summer months. Along the trail are many small viewpoints, overlooking the falls and the valley below. The trail ends above the canyon on a logging road which requires some easy route finding near the end where a small logged area hides the road. This section is not well marked. Once on the road, hang a left, and it's a 5km walk back down to the Squamish Valley Road. The walk down the road is scattered with fantastic views of the Squamish and Elaho Valleys and makes the road walk a worthy loop back to your car.



Instagram: @nodicejmrice

Difficulty	◆◆	Difficult
Trail Type	🔄	Loop
Length	📏	11 km
Elevation Gain	↑↓	650 metres
Duration	🕒	4 – 5 hrs
Pet Friendly?	🐕	Yes

## Equipment:

- Good walking shoes or boots.
- Waterproof Jacket and Pants
- Water Bottle
- Sun Hat or Warm Hat
- Sun Cream
- Food
- Map
- First Aid Kit
- Mobile Phone

## Be Adventure Smart 🌲

- Plan ahead and prepare
- Leave what you find
- Dispose of waste properly
- Respect wildlife and control pets
- Be considerate of other visitors

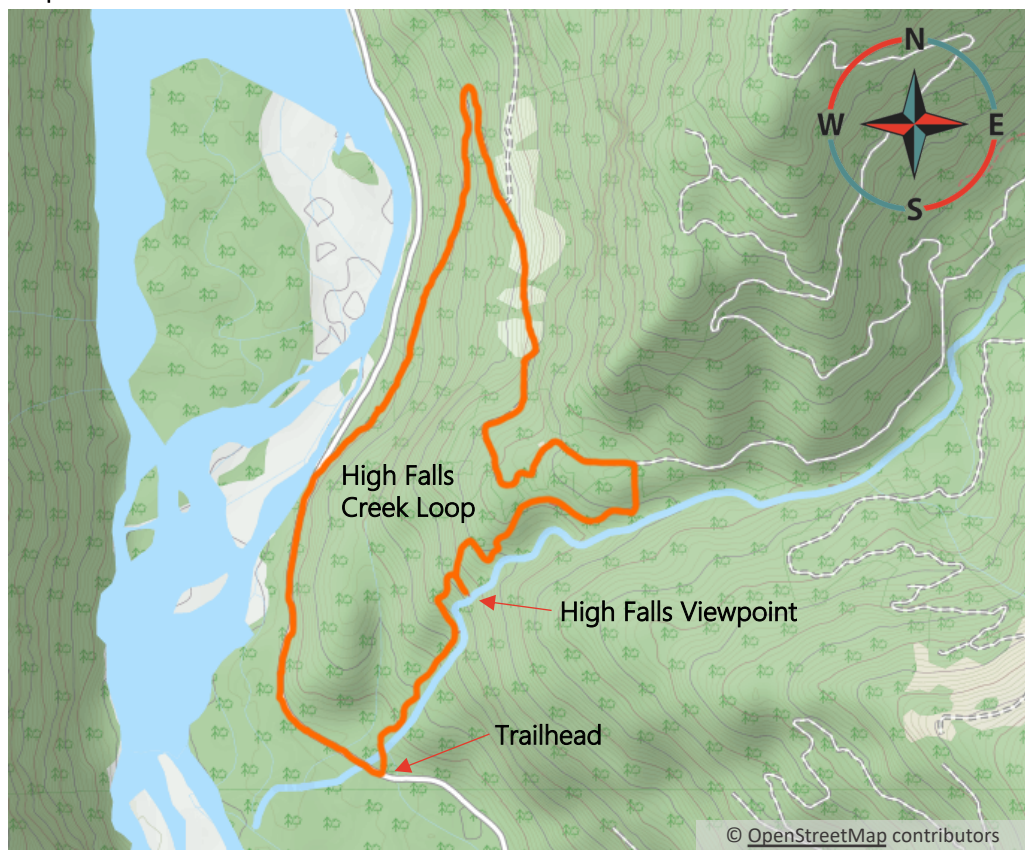


**SQUAMISH**

BRITISH COLUMBIA

This route description is intended solely as an aid for planning your route. It is NOT a substitute for properly planning your route and having the necessary equipment, skills and knowledge. Tourism Squamish accepts no responsibility for variations in the information given for whatever reason, including the route on the ground.

## Map



### Weather

Check the weather before you go. Take care in heavy rain, high winds and low visibility. Beware sun exposure on hot, sunny days.

### Know before you go

- When it's wet or icy, this hike is extremely difficult and risky, so it's best done on a sunny, warm day.
- There are spots along this trail with unprotected edges and drops.
- Best viewed late in the day when the sun is shining directly on the canyon.
- In mid to late July, you'll be feasting on blueberry bushes throughout the hike. Be careful, as bears like them too.

### When to cancel hike

- Poor Weather.
- Inadequate equipment or fitness.
- Any situation which may jeopardise the safety of your group.

### Lets make the world a better place

- Feel free to take me, but If you want to *save* paper, take a photo of me instead.
- If I still look good when you're finished, please *return* me for someone else to use.
- If my time is done, *recycle* me!

### Have you?

- Checked the weather
- Checked route conditions
- Got correct equipment
- Checked group fitness
- Told someone where you're going

### Emergency

If you require emergency assistance, please call **911**.